

November 2024 EARLY CHILDHOOD CENTER

	MON	TUES	WED	THURS	FRI
BREAKFAST	Variety of fruit and milk is offered daily				1 Pancake on a Stick Fruit Fruit Juice Milk
LUNCH					Chicken Burger French Fries Veggie Cup Raisels Watermelon
BREAKFAST	4 Cereal Butter Toast Sliced Pears Fruit Juice - Milk	5 Cereal & Toast Sliced Peaches Fruit Juice Milk	6 Breakfast Pizza Applesauce Fruit Juice Milk	7 Trix Yogurt Bear Grahams Fruit Cocktail Fruit Juice - Milk	8 Cereal Cinnamon Toast Fruit Fruit Juice- Milk
LUNCH	Beefy Mac & Garlic Toast Sweet Tater Fries Mixed Vegetables Pineapple Bites	Pepperoni Pizza Cheesy Broccoli Baby Carrot w/Ranch Warm Cinnamon Apples	Chicken Smackers Roll Green Beans Mashed Potatoes w/wo Gravy Mixed Berry Cup	Beef Tacos & Fixings Sweet Corn Pinto Bean Sidekick Cup	Hamburger Tot Star Fries Carrot Sticks Zee Zees Flavored Applesauce
BREAKFAST	11 Mini Pancakes Diced Pears Fruit Juice Milk	12 Cereal & Toast Sliced Peaches Fruit Juice Milk	13 Breakfast Pizza Applesauce Fruit Juice Milk	14 Ham & Cheese Croissant Fruit Cocktail Fruit Juice - Milk	15 French Toast W/Sausage Link Peaches Fruit Juice -Milk
LUNCH	Mac & Cheese Breadstick Glazed Carrots Mixed Vegetables Fruit Cocktail	Texas Corn Dog Broccoli Bites Baby Carrots w/Ranch Orange Wedges	Drumstick w/Roll Sliced Turkey w/Roll Green Beans Mashed Potatoes w/wo Gravy Fruit Salad	Beef & Cheese Nachos Mixed Vegetables Veggie Cup Side Kick Cup	Chicken Bites Crispy Smiley Fries Baked Beans Diced Pears Mini Rice Krispies
BREAKFAST	18 Cereal Butter Toast Sliced Pears Fruit Juice - Milk	19 Sausage Roll Sliced Peaches Fruit Juice - Milk	20 Breakfast Pizza Applesauce Fruit Juice - Milk	21 Trix Yogurt Bear Grahams Fruit Cocktail Fruit Juice - Milk	22 Cereal Cinnamon Toast Fruit Fruit Juice - Milk
LUNCH	Pizza – Cheese Broccoli Normandy Carrot Sticks Mandarin Oranges	Beef Spaghetti Fresh Romaine Salad Glazed Carrots Breadstick Orange Smiles Ice Cream Day!	Steak Fingers w/Roll Green Beans Mashed Potatoes w/wo Gravy Diced Pears	Hot Dog Celery Sticks Mixed Vegetables Baked Chips Applesauce	Chicken Burger Tot Star Fries Carrot Sticks Side Kick Fruit Cup
BREAKFAST	Thanksgiving Break	No School Nov.25-29			All menus are subject to change without notice.
LUNCH					This institution is an Equal Opportunity Provider.

November 2024

COLLEGE STREET & VELMA PENNY ELEMENTARY

	MON	TUES	WED	THURS	FRI
BREAKFAST	Variety of fruit, 100% fruit Juice and milk is offered daily				1 French Toast Sticks W/Sausage Link Cereal w/Toast Fruit
LUNCH	All menus are subject to change without notice.				Chicken Burger Hamburger Burger Salad French Fries Veggie Cup Raisels Watermelon
BREAKFAST	4 Fruit Strudels Cereal w/Bear Grahams Pears	5 Donuts Cereal w/Butter Toast Sliced Peaches	6 Breakfast Pizza Cereal w/ Teddy Grahams Applesauce	7 Fruit Parfaits Cereal w/Bear Grahams Banana	8 Pancake on a Stick Cereal w/ Toast Fruit
LUNCH	Beefy Mac w/Bread Bosco Pizza w/MS Sweet Tater Fries Mixed Vegetables Pineapple Bites	Pepperoni Pizza Corn Dog Broccoli w/CS Baby Carrots Warm Cinnamon Apples	Chicken Smackers Salisbury Steak Bw/ Dinner Roll -Gravy Green Beans Mashed Potatoes Mixed Berry Cup	Beef Tacos & Fixing H&C Sand. w/Chips Steamed Corn Side Salad LISD- Mild Sauce Side Kick Cup	Hamburger Hot Dog French Fries Baked Beans Zee Zees Applesauce
BREAKFAST	11 Eggo Mini Pancakes Cereals w/ Toast Pears	12 Hot Cinnamon Roll Cereal w/Toast Sliced Peaches	13 Breakfast Pizza Cereal w/ Teddy Grahams Applesauce	14 Hot Ham & Cheese Croissant Cereal w/ Toast Fruit Cocktail	15 French Toast Sticks W/Sausage Link Cereal w/Toast Fruit
LUNCH	Mac & Cheese Bowl Mr. Rib on a Bun Sweet Tater Fries Mix Vegetables Fruit Cocktail	Chef Salad- Chicken w Cheez-It Bosco Pizza Sticks Seasoned Broccoli Baby Carrots Orange Wedges	Drumsticks Sliced Turkey Dinner Roll Gravy Green Beans Mashed Potatoes Fruit Salad	Beef & Cheese Nachos H&C Anytimers Sweet Corn Fresh Veggie Cup Side Kick Cup	Fish Sticks w/ Slice of Bread Hamburger French Fries Baked Beans Diced Pears
BREAKFAST	18 Fruit Strudels Cereal w/Bear Grahams Pears	19 Sausage Biscuit Cereal w/ Butter Toast Sliced Peaches	20 Breakfast Pizza Cereal w/ Teddy Grahams Applesauce	21 Fruit Parfaits Cereal w/ Toast Fruit Cocktail	22 Pancake on a Stick Cereal w/Toast Fruit
LUNCH	Sliced Pizza - Cheese Manager's Choice Broccoli Normandy Sweet Tater Fries Mandarin Oranges	Beef Spaghetti - Bread Corn Dogs Fresh Romaine Salad Glazed Carrots Breadstick Orange Smiles	Steak Fingers w/Roll Manager's Choice Green Beans Mashed Potatoes w/wo Gravy Diced Pears	Manager's Choice Personal Pan Pizza Cucumbers Cup Mixed Vegetables Applesauce Cup	Chicken Burger Hamburger Tot Star Fries Carrot Sticks Side Kick Cup
BREAKFAST	Thanksgiving Break	No School Nov.25-29			This institution is an Equal Opportunity Provider.

November 2024
EJ MOSS ELEMENTARY

	MON	TUES	WED	THURS	FRI
BREAKFAST	Variety of fruit, 100% fruit Juice and milk is offered daily				1 French Toast Sticks Sausage Link Choice of Cereal w/ Toast - Fruit
LUNCH	All menus are subject to change without notice.				Chicken Burger Hamburger Burger Salad French Fries Baked Beans Raisels Watermelon
BREAKFAST	4 EggStravagnza & Toast Cereal & Toast Honey Buns Sliced Peaches	5 Cinnamon Rolls Choice of Cereal Butter Toast Mandarin Oranges	6 B-Fast Pizza Choice of Cereal Teddy Grahams Applesauce	7 Fruit Parfaits & Grain Choice of Cereal Toast Fruit Cocktail	8 Pancake on a Stick Choice of Cereal & Toast Fruit
LUNCH	Beefy Mac w/Bread Bosco Pizza w/MS Sweet Tater Fries Mixed Vegetables Pineapple Bites	Pepperoni Pizza Veg. Beef Soup w/ Grilled Cheese Sand. Broccoli w/CS Mixed Vegetables Warm Cinnamon Apples	Chicken Smacker Chef Salad w/Chez-it Dinner Roll - Gravy Green Beans Mashed Potatoes Fresh Fruit	Beef Tacos & Fixings H&C Sand. w/Chips Steamed Corn Pinto Beans LISD- Mild Sauce Side Kick Cup	Hamburger Hot Dog French Fries Baked Beans Burger Salad Zee Zees Applesauce
BREAKFAST	11 Eggo Mini Pancakes Choice of Cereal & Toast Pears	12 Hot Cinnamon Roll Choice of Cereal w/ Toast Mandarin Oranges	13 Pizza Choice of Cereal w/ Teddy Grahams Applesauce	14 Ham & Cheese Croissant Choice of Cereal w/Toast Fruit Cocktail	15 French Toast Sticks Sausage Link Choice of Cereal w/ Toast - Fruit
LUNCH	Mac & Cheese Bowl Pull Pork BBQ Sandwich Sweet Tater Fries Mixed Vegetables Fresh Fruit Cup	Chef Salad-Chicken w Cheez-It Bosco Pizza Sticks Seasoned Broccoli Baby Carrots Orange Wedges	Drumsticks Sliced Turkey Dinner Roll -Gravy Green Beans Mashed Potatoes Fruit Salad Pumpkin Pie	Beef & Cheese Nachos Taco Soup w/ Chips Sweet Corn Pinto Beans Side Kick Cup	Fish Sticks w/ Slice of Bread Hamburger Burger Salad French Fries Baked Beans Diced Pears
BREAKFAST	18 Fruit Strudels Choice of Cereal Bear Grahams Pears	19 Sausage Roll Choice of Cereal Butter Toast Mandarin Oranges	20 Pizza Choice of Cereal Teddy Grahams Applesauce	21 Fruit Parfaits & Grain Choice of Cereal Toast Fruit Cocktail	22 Pancake on a Stick Choice of Cereal & Toast Fruit
LUNCH	Personal Pan Pizza Chicken Noodle Soup & Grilled Cheese Sandwich Broccoli Normandy Tater Puffs Mandarin Oranges	Beef Spaghetti w/Breadstick Ham & Cheese Sandwich w/Chips Fresh Romaine Salad Baby Carrots w/Ranch Orange Wedges	Salisbury Steak/ Roll Manager's Choice w/wo Gravy Green Beans Mashed Potatoes Diced Pears Ice Cream Day!	Manager's Choice Personal Pan Pizza Cucumbers Cup Mixed Vegetables Applesauce Cup	Chicken Burger Hamburger Burger Salad French Fries Carrot Sticks Side Kick
BREAKFAST	Thanksgiving Break	No School Nov. 25-29			This institution is an Equal Opportunity Provider.
LUNCH					

November 2024

LINDALE HIGH & JUNIOR HIGH

	MON	TUES	WED	THURS	FRI
BREAKFAST	Variety of fruit, 100% fruit Juice and milk is offered daily				1 French Toast Sticks Cereal & Grain Cinnamon Roll Fruit
LUNCH	All menus are subject to change without notice.				Chicken Burger Hamburger Burger Salad French Fries Baked Beans Raisels Watermelon
BREAKFAST	4 EggStravagnza & Toast Cereal & Toast Honey Buns Sliced Peaches	5 Cereal & Toast Donuts Muffins Mandarin Oranges	6 B-Fast Pizza Cereal & Teddy Grahams Mini Cinnis Applesauce	7 Fruit Parfaits & Toast Cereal & Toast Muffins Fruit Cocktail	11 Pancake on a Stick Cereal & Grain Cinnamon Roll Fruit
LUNCH	Beefy Mac w/Bread Big Daddy Pizza Glazed Carrots Italian Vegetables Pineapple Bites	Big Daddy Pizza Beef & Vegetables Soup w/Grilled Cheese Sandwich Broccoli Salad Mixed Vegetables Oranges Wedges	Beef Fingers Salisbury Steak Dinner Roll – Gravy Green Beans Mashed Potatoes Fruit Gelatin	Crispitos w/CS Bosco Sticks Marinara Sauce Side Salad Pinto Beans LISD- Hot Sauce Side Kick Cup	Chicken Sandwich Chili or No Chili Dog French Fries Baked Beans Burger Salad Zee Zees Applesauce
BREAKFAST	11 Sausage, Egg Cheese Biscuit Cereal & Toast Fruit Strudels Strawberries	12 Mini Pancake & Sausage Link Cereal & Toast Honey Buns Sliced Peaches	13 B-Fast Pizza Cereal & Teddy Grahams Mini Cinnis Applesauce	14 Ham & Cheese Croissant Cereal & Toast Donuts Fruit Cocktail	15 French Toast Sticks Cereal & Grain Cinnamon Roll Fruit
LUNCH	Mac & Cheese Chicken Bowl Pizza Day Sweet Tater Fries Mixed Vegetables Fruit Cup	Orange Chicken Bowl Texas Corn Dog & Chips Seasoned Broccoli Baby Carrots Orange Wedges	Sliced Turkey Tenders French Bread Pizza Dinner Roll -Gravy Green Beans Mashed Potatoes Fruit Salad Pumpkin Pie	Chicken Fajitas & Rice Taco Soup w/ Chips Sweet Corn Side Salad LISD Hot Sauce Side Kick cup	Nacho Day Cheeseburger French Fries Pinto Beans Burger Salad Fresh Fruit
BREAKFAST	18 B-Fast Burrito Cereal Bear Grahams Fruit Strudels Pears	19 Sausage Roll Cereal & Toast Honey Buns Mandarin Oranges	20 B-Fast Pizza Cereal & Teddy Grahams Mini Cinnis Applesauce	21 Fruit Parfaits & Toast Cereal & Toast Muffins Fruit Cocktail	22 Pancake on a Stick Cereal & Grain Cinnamon Roll Fruit
LUNCH	Sliced Pizza Chicken Noodle Soup Grilled Cheese Sand. Broccoli Normandy Tater Puffs Mandarin Oranges	Beef Spaghetti w/Breadstick French Bread Pizza Fresh Romaine Salad Baby Carrots w/Ranch Orange Wedges	Steak Fingers Manager's Choice Bw/Roll w/wo Gravy Green Beans Mashed Potatoes Assorted Fruit	Manager's Choice Personal Pan Pizza Cucumbers Cup Mixed Vegetables Applesauce Cup	Chicken Burger Hamburger Burger Salad French Fries Carrot Sticks Side Kick Fruit Cup
BREAKFAST	Thanksgiving Break	No School Nov. 25-29			Offered Daily Chef- Salad PB&J & Fruit Box
LUNCH					This institution is an Equal Opportunity Provider.