

October 2024

EARLY CHILDHOOD CENTER

	MON	TUES	WED	THURS	FRI
BREAKFAST	Variety of fruit and milk is offered daily	1 Cereal & Toast Sliced Peaches Fruit Juice Milk	2 Breakfast Pizza Applesauce Fruit Juice Milk	3 Hot Ham & Cheese Croissant Fruit Cocktail Fruit Juice - Milk	4 School Holiday No School
LUNCH		Cheese Pizza Broccoli w Cheese Mixed Vegetables Apple Slices	Chicken Nuggets /Roll Green Beans Mashed Potatoes w/wo Gravy Peach Cup	Beef Ravioli w/ Slice of Bread Fresh Veggie Cup Sweet Corn Mandarin Oranges	
BREAKFAST	7 Student Holiday No School	8 Sausage Roll Sliced Peaches Fruit Juice Milk	9 Breakfast Pizza Applesauce Fruit Juice Milk	10 Trix Yogurt Bear Grahams Fruit Cocktail Fruit Juice - Milk	11 Cereal Cinnamon Toast Fruit Fruit Juice - Milk
LUNCH		Pepperoni Pizza Broccoli w/Ranch Mixed Vegetables Fruit Cup	Chicken Smackers/Roll Green Beans Mashed Potatoes w/wo Gravy Fruit Cup	Taco Beef Snacks Sweet Corn Pinto Bean Side Kick Cup	Hamburger Tot Star Fries Carrot Sticks Watermelon Wedge
BREAKFAST	14 Mini Pancakes Fruit Juice - Milk	15 Cereal & Toast Sliced Peaches Fruit Juice Milk	16 Breakfast Pizza Applesauce Fruit Juice Milk	17 Hot Ham & Cheese Croissant Fruit Cocktail Fruit Juice - Milk	18 French Toast W/Sausage Link Peaches Fruit Juice -Milk
LUNCH	Mac & Cheese Breadstick Glazed Carrots Mixed Vegetables Fruit Cocktail	Texas Corn Dog Broccoli Bites Baby Carrots w/Ranch Orange Wedges	Drumstick w/Roll Green Beans Mashed Potatoes w/wo Gravy Peach Cup	Cheese Nachos Mixed Vegetables Celery & Tomato Cup Side Kick Cup	Hamburger Crispy Smiley Fries Baked Beans Watermelon Wedge
BREAKFAST	21 Cereal Butter Toast Sliced Pears Fruit Juice - Milk	22 Sausage Roll Sliced Peaches Fruit Juice - Milk	23 Breakfast Pizza Applesauce Fruit Juice - Milk	24 Trix Yogurt Bear Grahams Fruit Cocktail Fruit Juice - Milk	25 Cereal Cinnamon Toast Fruit Fruit Juice - Milk
LUNCH	Pizza – Cheese Broccoli Normandy Carrot Sticks Fresh Strawberries	Beef Spaghetti Fresh Romaine Salad Baby Carrots w/Ranch Breadstick Sliced Peaches	Steak Fingers w/Roll Green Beans Mashed Potatoes w/wo Gravy Fruit Gelatin	Lunchables-Ham Celery Sticks Mixed Fresh Veggies Baked Chips Fresh Berries	Chicken Sandwich Tot Star Fries Carrot Sticks Watermelon Wedge
BREAKFAST	28 Mini Pancakes Mixed Fruit Fruit Juice Milk	29 Cereal & Toast Sliced Peaches Fruit Juice Milk	30 Breakfast Pizza Applesauce Fruit Juice Milk	31 Hot Ham & Cheese Croissant Fruit Cocktail Fruit Juice - Milk	All menus are subject to change without notice.
LUNCH	Beefy Mac w/Bread Sweet Tater Fries Mixed Vegetables Pineapple Bites	Cheese Pizza Broccoli w Cheese Mixed Vegetables Orange Wedges	Chicken Nuggets /Roll Green Beans Mashed Potatoes w/wo Gravy Fruit Salad	Mummy Dogs Scarecrow Stick Spooky Fries Pumpkin Fruit Swamp Pudding	This institution is an Equal Opportunity Provider.

October 2024

COLLEGE STREET & VELMA PENNY ELEMENTARY

	MON	TUES	WED	THURS	FRI
BREAKFAST	Variety of fruit, 100% fruit Juice and milk is offered daily	1 Mini Pancakes Cereal w/Toast Sliced Peaches	2 Breakfast Pizza Cereal w/ Teddy Grahams Applesauce	3 Hot Ham & Cheese Croissant Cereal w/ Toast Fruit Cocktail	4 School Holiday No School
LUNCH	All menus are subject to change without notice.	Cheese Pizza Chicken Bites/ Broccoli w Cheese Mixed Vegetables Apple Slices	Chicken Nuggets PB&J & Apple Box Dinner Roll Green Beans Mashed Potatoes w/wo Gravy Peach Cup	Beef Ravioli w/ Slice of Bread H&C Anytimers Lunchables Sweet Corn Fresh Veggie Cup Mandarin Oranges	
BREAKFAST	7 Student Holiday No School	8 Donuts Cereal w/Butter Toast Sliced Peaches	9 Breakfast Pizza Cereal w/ Teddy Grahams Applesauce	10 Fruit Parfaits & Grain Cereal w/Grain Banana	11 Pancake on a Stick Cereal w/ Grain Fruit
LUNCH		Pepperoni Pizza Corn Dog Broccoli w/CS Mixed Vegetables Fruit Cup	Chicken Smackers PB&J & Grapes Box Dinner Roll Green Beans Mashed Potatoes w/wo Gravy Fruit Gelatin	Crispitos w CS H&C Sand. w/Chips Steamed Corn Side Salad LISD- Mild Sauce Side Kick Cup	Hamburger Hot Dog French Fries Baked Beans Fresh Watermelon
BREAKFAST	14 Eggo Mini Pancakes Cereals w/ Toast Pears	15 Hot Cinnamon Roll Cereal w/ Grain Sliced Peaches	16 Breakfast Pizza Cereal w/ Teddy Grahams Applesauce	17 Hot Ham & Cheese Croissant Cereal w/ Toast Fruit Cocktail	18 French Toast Sticks W/Sausage Link Cereal w/ Grain Fruit
LUNCH	Mac & Cheese Bowl Mr. Rib on a Bun Sweet Tater Fries Mix Vegetables Fresh Fruit Cup	Chef Salad- w Cheez-It Bosco Pizza Sticks Seasoned Broccoli Baby Carrots Orange Wedges	Drumsticks PB&J & Strawberry Box Dinner Roll Gravy- Green Beans Mashed Potatoes Strawberries	Beef & Cheese Nachos H&C Anytimers Sweet Corn Fresh Veggie Cup Side Kick Cup	Fish Sticks w/Gold Fish Hamburger Burger Salad French Fries Baked Beans Fresh Watermelon
BREAKFAST	21 Fruit Strudels Cereal w/Bear Grahams Pears	22 Sausage Biscuit Cereal w/ Butter Toast Sliced Peaches	23 Breakfast Pizza Cereal w/ Teddy Grahams Applesauce	24 Fruit Parfaits & Grain Cereal w/ Toast Fruit Cocktail	25 Pancake on a Stick Cereal w/ Grain Fruit
LUNCH	Sliced Pizza - Cheese Hot Pocket Broccoli Normandy Tater Puffs Mandarin Oranges	Beef Spaghetti Ham & Cheese Sand. Fresh Romain Salad Baby Carrots w/Ranch Breadstick Orange Wedges	Steak Fingers w/Roll PB&J & Grapes Box Green Beans Mashed Potatoes w/wo Gravy Fruit Gelatin	Lunchables-H&C Personal Pan Pizza Cucumbers Cup Mixed Pepper Cup Baked Chips Fresh Berries	Chicken Sandwich Hamburger Tot Star Fries Carrot Sticks Watermelon Wedge
BREAKFAST	28 Pancakes Mixed Fruit Cereal w/ Toast Pears	29 Honey Buns Cereal w/Toast Sliced Peaches	30 Breakfast Pizza Cereal w/ Teddy Grahams Applesauce	31 Hot Ham & Cheese Croissant Cereal w/ Toast Fruit Cocktail	This institution is an Equal Opportunity Provider.
LUNCH	Beefy Mac w/Bread Bosco Pizza w/MS Sweet Tater Fries Mixed Vegetables Pineapple Bites	Cheese Pizza Corn Dog Broccoli w Cheese Mixed Vegetables Apple Slices	Chicken Nuggets PB&J & Apple Box Dinner Roll Green Beans Mashed Potatoes w/wo Gravy Peach Cup	Mummy Dogs Mini Mummy Pizza Scarecrow Stick Spooky Fries Pumpkin Fruit Swamp Pudding	

October 2024

EJ MOSS ELEMENTARY

	MON	TUES	WED	THURS	FRI
BREAKFAST	Variety of fruit, 100% fruit Juice and milk is offered daily	1 Mini Pancakes Choice of Cereal Toast Sliced Peaches	2 Pizza Choice of Cereal Teddy Grahams Applesauce	3 Ham & Cheese Croissant Choice of Cereal Toast Fruit Cocktail	4 School Holiday No School
LUNCH	All menus are subject to change without notice.	Cheese Pizza Corn Dog Broccoli w Cheese Mixed Vegetables Apple Slices	Chicken Nuggets PB&J & Apple Box Dinner Roll Green Beans Mashed Potatoes Gravy -Peach Cup	Beef Ravioli w/ Slice of Bread H&C Lunchables Sweet Corn Fresh Veggie Cup Mandarin Oranges	
BREAKFAST	7 School Holiday No School	8 Sausage Roll Choice of Cereal Butter Toast Mandarin Oranges	9 Pizza Choice of Cereal Teddy Grahams Applesauce	10 Fruit Parfaits & Grain Choice of Cereal Toast Fruit Cocktail	11 Pancake on a Stick Choice of Cereal Grain Fruit
LUNCH		Pepperoni Pizza Corn Dog Broccoli w/CS Mixed Vegetables Fruit Cup	Chicken Smacker PB&J & Grapes Box Dinner Roll - Gravy Green Beans Mashed Potatoes Fruit Gelatin	Crispitos w/CS Pizza Lunchables Steamed Corn Side Salad LISD- Mild Sauce Side Kick Cup	Hot Dog Hamburger French Fries Baked Beans Burger Salad Fresh Watermelon
BREAKFAST	14 Eggo Mini Pancakes Choice of Cereal & Toast Pears	15 Hot Cinnamon Roll Choice of Cereal w/ Grain MandarinOranges	16 Pizza Choice of Cereal Teddy Grahams Applesauce	17 Ham & Cheese Croissant Choice of Cereal w/ Toast Fruit Cocktail	18 French Toast Sticks Sausage Link Choice of Cereal w/ Grain Fruit
LUNCH	Mac & Cheese Bowl Crispy Chicken Sandwich Sweet Tater Fries Mixed Vegetables Fresh Fruit Cup	Chef Salad-Chicken w Cheez-It Bosco Pizza Sticks Seasoned Broccoli Baby Carrots Orange Wedges	Drumsticks PB&J & Strawberry Box Dinner Roll -Gravy Green Beans Mashed Potatoes Strawberries	Beef & Cheese Nachos Ham & Cheese Lunchables Sweet Corn Fresh Veggie Cup Side Kick Cup	Fish Sticks w/Gold Fish Hamburger Burger Salad French Fries Baked Beans Fresh Watermelon
BREAKFAST	21 Fruit Strudels Choice of Cereal Bear Grahams Pears	22 Sausage Roll Choice of Cereal Butter Toast Mandarin Oranges	23 Pizza Choice of Cereal Teddy Grahams Applesauce	24 Fruit Parfaits & Grain Choice of Cereal Toast Fruit Cocktail	25 Pancake on a Stick Choice of Cereal Grain Fruit
LUNCH	Personal Pan Pizza Chicken Noodle Soup & Grilled Cheese Sandwich Broccoli Normandy Tater Puffs Mandarin Oranges	Beef Spaghetti Ham & Cheese Sandwich Fresh Romaine Salad Baby Carrots w/Ranch Breadstick Orange Wedges	Steak Fingers PB&J & Grapes Box Dinner Roll – Gravy Green Beans Mashed Potatoes Fruit Gelatin	Lunchables-H&C Personal Pan Pizza Cucumbers Cup Mixed Pepper Cup Baked Chips Fresh Berries	Chicken Sandwich Hamburger French Fries Carrot Sticks Watermelon Wedge
BREAKFAST	28 Pancakes w/Strawberries Choice of Cereal w/ Toast Pears	29 Honey Buns Choice of Cereal Toast Sliced Peaches	30 Pizza Choice of Cereal Teddy Grahams Applesauce	31 Ham & Cheese Croissant Choice of Cereal Toast Fruit Cocktail	This institution is an Equal Opportunity Provider.
LUNCH	Beefy Mac w/Bread Bosco Pizza w/MS Sweet Tater Fries Mixed Vegetables Pineapple Bites	Cheese Pizza Corn Dog Broccoli w Cheese Mixed Vegetables Apple Slices	Chicken Nuggets PB&J & Apple Box Roll - Gravy Green Beans Mashed Potatoes Peach Cup	Mummy Dogs Mini Mummy Pizza Scarecrow Stick Spooky Fries Pumpkin Fruit	

October 2024

LINDALE HIGH & JUNIOR HIGH

	MON	TUES	WED	THURS	FRI
BREAKFAST	Variety of fruit, 100% fruit Juice and milk is offered daily	1 EggStravagnza & Toast Cereal & Toast Honey Buns Sliced Peaches	2 B-Fast Pizza Cereal & Teddy Grahams Mini Cinnis Applesauce	3 Ham & Cheese Croissant Cereal & Toast Donuts Fruit Cocktail	4 School Holiday No School
LUNCH	All menus are subject to change without notice.	Sliced Cheese Pizza Chicken Spaghetti Bread Sticks Broccoli w Cheese Mixed Vegetables Orange Wedges	Chicken Tenders Steak Fingers Dinner Roll – Gravy Green Beans Mashed Potatoes Peach Cup	Beef & Cheese Nachos French Bread Pizza Marinara Sauce Side Salad Refried Beans Red & Green Grapes	
BREAKFAST	7 School Holiday No School	8 Sausage Roll Cereal & Toast Honey Buns Mandarin Oranges	9 B-Fast Pizza Cereal & Teddy Grahams Mini Cinnis Applesauce	10 Fruit Parfaits & Toast Cereal & Toast Muffins Fruit Cocktail	11 Pancake on a Stick Cereal & Grain Cinnamon Roll Fruit
LUNCH		Big Daddy Pizza Beefy Mac Garlic Toast Broccoli w/CS Mixed Vegetables Oranges Wedges	Beef Fingers Spicy Tenders Dinner Roll – Gravy Green Beans Mashed Potatoes Fruit Gelatin	Crispitos w/CS Bosco Sticks Marinara Sauce Side Salad Pinto Beans LISD- Hot Sauce Side Kick Cup	Chicken Sandwich 3 Cheese Calzone /MS French Fries Baked Beans Burger Salad Fresh Watermelon
BREAKFAST	16 Sausage, Egg Cheese Biscuit Cereal & Toast Fruit Strudels Strawberries	17 Mini Pancake & Sausage Link Cereal & Toast Honey Buns Sliced Peaches	18 B-Fast Pizza Cereal & Teddy Grahams Mini Cinnis Applesauce	19 Ham & Cheese Croissant Cereal & Toast Donuts Fruit Cocktail	20 French Toast Sticks Cereal & Grain Cinnamon Roll Fruit
LUNCH	Mac & Cheese Chicken Bowl Pizza Day Sweet Tater Fries Mixed Vegetables Fruit Cup	Orange Chicken Bowl Oven Roasted Chicken w/ Bread Seasoned Broccoli Baby Carrots Orange Wedges	Drumsticks / Tenders French Bread Pizza Dinner Roll -Gravy Green Beans Mashed Potatoes Strawberries	Beef & Cheese Nachos Ham & Cheese Lunchables Sweet Corn Fresh Veggie Cup Side Kick cup	Big Daddy Pizza Bacon Cheeseburger French Fries Baked Beans Burger Salad Fresh Watermelon
BREAKFAST	21 B-Fast Burrito Cereal Bear Grahams Fruit Strudels Pears	22 Sausage Roll Cereal & Toast Honey Buns Mandarin Oranges	23 B-Fast Pizza Cereal & Teddy Grahams Mini Cinnis Applesauce	24 Fruit Parfaits & Toast Cereal & Toast Muffins Fruit Cocktail	25 Pancake on a Stick Cereal & Grain Cinnamon Roll Fruit
LUNCH	Sliced Pizza Chicken Noodle Soup & Grill Cheese Broccoli Normandy Tater Puffs Mandarin Oranges	Beef Spaghetti French Bread Pizza Fresh Romaine Salad Baby Carrots w/Ranch Breadstick Orange Wedges	Steak Fingers CHK. Smackers Dinner Roll – Gravy Green Beans Mashed Potatoes Fruit Gelatin	Personal Pan Pizza Chili Baked Potato Meal Garden Salad Mixed Vegetables Orange Wedges Swamp Pudding	Fish on Bun w/ Baked Funyuns Hamburger French Fries Coleslaw Watermelon Wedge
BREAKFAST	28 Sausage, Egg Cheese Biscuit Cereal & Toast Fruit Strudels Strawberries	29 EggStravagnza & Toast Cereal & Toast Honey Buns Sliced Peaches	30 B-Fast Pizza Cereal & Teddy Grahams Mini Cinnis Applesauce	31 Ham & Cheese Croissant Cereal & Toast Donuts Fruit Cocktail	Offered Daily Chef- Salad PB&J & Fruit Box
LUNCH	Buffalo CKN Pizza Chicken Nuggets w/Bread Sticks Sweet Tater Fries Mixed Vegetables Pineapple Bites	Orange Chicken Bowl BBQ Chicken w/Bread Broccoli w Cheese Mixed Vegetables Orange Wedges	Chicken Tenders Steak Fingers Dinner Roll – Gravy Green Beans Mashed Potatoes Peach Cup	Beef & Cheese Nachos French Bread Pizza/MS Side Salad Refried Beans Red & Green Grapes Swamp Pudding	This institution is an Equal Opportunity Provider.