

Kindness Matters. Complete as many acts of kindness as you can. Have fun!

Kindly Presented

Peaceable Kingdom

Acts of Kindness

☐ Invite a new friend to play.



 \square Smile at 25 people.



a child in another country.



Give your friend a High Five.



☐ Compliment 5 people.



☐ Be kind to yourself and eat a healthy







□ Entertain someone with a happy dance.



Lend a pencil to a friend.



☐ Help someone up if they fall down.



☐ Thank someone who has helped you.



□ Create your own kind deed.





